

## THE SECRET TO YOU

Today is the beginning of my new life.

All good things that give me comfort & joy come to me today.

I am starting new today.

I am grateful to be alive, healthy, & full of joy.

I see beauty all around me.

I live with passion & purpose.

I take time to laugh & play everyday.

I am awake, energized, & alive!

I am focused on all the good things in life, & give thanks for them.

I am at peace & harmony with everything.

I feel the Love, the Joy, the Abundance everywhere!

I am free to be myself.

I am magnificence in human form.

I am the perfection of life.

I am grateful to be.....ME!

Today IS the best day of my life!